

A04 'My Future Interview' Extended Version

Let's focus on your future.

Please, tell me your thoughts about the following issues:

What are the three things you want most for your future?

What would you change?

Why did you choose this?

What should happen to make the three wishes more easily achievable?

In the very next future what would you do, what are your plans to make your future goals more likely to realize? Try to make a list of actions you can carry out

Commitments with myself for MY future of quality

A personal commitment is important in order to reach future goals.

So in the very next future

If at this point, considering also the work we have done together, you should write *the book of your life...* what title would you give it? (you can think of an effect phrase, character's name, a proverb, a title of a book or film that is particularly interesting for you or anything else that comes to your mind.

What does this title mean for you? Why did you choose this?

What title would it give to the *third chapter*, the chapter on the *future*? (also here to find a title you can think about your hopes and fears for the future, about what you

could commit yourself to doing and becoming, about your dreams and what you would like... or about anything else that could come to your mind).

What does this title mean for you? Why did you choose this?

In the very next future what would you do, what are your plans to make your future goals more likely to realize? Try to make a list of actions you can carry out
